

# Fort HealthCare **Mental Health Crisis Resources**

FOR HEALTH

FortHealthCare.com/BehavioralHealth

**JEFFERSON COUNTY**  
WISCONSIN

Jefferson County Human Services  
Intake-Crisis: (920) 674-3105  
If you are calling after 5:30pm, weekends, or holidays please press 7 to be connected to the crisis worker on call.



Text "HOPELINE" to 741741 on mobile devices; 24/7 Resource



24/7 Resources:  
National Suicide Prevention Lifeline:  
1-800-273-TALK (8255) OR Lifeline Chat:  
<https://suicidepreventionlifeline.org/chat/>

## Area Providers

Provider	Phone	Location	Services Offered
<b>Fort HealthCare Center for Behavioral Health</b>	920-563-9542	Fort Atkinson, Whitewater	MH Therapy Psychiatry, Suboxone, School Based Therapy Age 5 to Adult
<b>The Center</b>	608-274-8294	Fort Atkinson	MH, AODA, Christian Counseling Therapy, Age 5 to Geriatric
<b>Hidden Path Counseling Jill Mallin, Ph.D.</b>	920-397-4015	Fort Atkinson	MH, Eating Disorders, Gender Identity, Therapy Teens and Adults
<b>Thrive Psychology, LLC</b>	920-645-0917	Fort Atkinson	MH Therapy Age 15 to Geriatric
<b>Counseling Outside of the Box, LLC</b>	608-235-7375	Fort Atkinson	MH Therapy <i>(Telehealth appointments only at this time)</i> Age 6 to Adult
<b>Individual and Family Counseling (Catholic SS)</b>	920-563-9375	Fort Atkinson	MH Therapy Age 12 to Adult
<b>Quast Counseling Services</b>	262-607-0070	Fort Atkinson	EMDR, DBT, ACT Age 11-60 (Cannot see Medicare)
<b>Laura Mathis, PsyD</b>	920-397-6006 920-547-4770	Palmyra	MH Therapy <i>(no new clients at this time)</i> Kids to Adults

<b>Provider</b>	<b>Phone</b>	<b>Location</b>	<b>Services Offered</b>
<b>Restoring Balance Counseling, LLC</b>	920-674-5050	Jefferson	MH Therapy Age 5 to Adult
<b>Jefferson Co. Human Services</b>	920-674-3105 Press option 7	Jefferson	Intake worker will assess and refer for services
<b>Oak Tree Child and Family Services, LLC</b>	608-215-7767, 920-541-3078	Jefferson	MH Therapy Age 2 to Adult + Families; Play Therapy and Sensory Room, Marriage Therapy
<b>Family Resource</b>	920-261-4100	Jefferson, Watertown	MH, AODA Therapy Age 4 to Adult
<b>Family Tree Counseling</b>	608-868-5122	Milton	MH, AODA, Gambling, Marriage Therapy Age 7 to Adult
<b>Directions Counseling</b>	920-262-4800	Watertown	MH, AODA Therapy, Age 4 to Adult Psychiatry - Age 18 to Adult
<b>Resonating Change, Inc. Venessa Farn</b>	920-376-9854	Lake Mills	MH, AODA Therapy EMDR, Sex Therapy, Transgender Issues, Music Therapy Teens to Adults
<b>Cambridge Counseling</b>	608-423-4700	Cambridge	MH, AODA Therapy Age 7 to Adult
<b>Morning Star Psychotherapy</b>	262-458-2525	Whitewater	MH, AODA Therapy Couple Therapy and Life Coaching Age 6 to Geriatric
<b>Paquette Center</b>	262-473-0670	Whitewater	MH, AODA Therapy, Group Treatment, DBT, Psychological Testing and Evaluations; Age 5 to Geriatric
<b>Dr. Suzanne L. Popke, Ed.D., LPC</b>	262-490-6067	Whitewater	MH Therapy, Psychological Evals Autism, Learning Disorders Age 3 to Adult

<b>Provider</b>	<b>Phone</b>	<b>Location</b>	<b>Services Offered</b>
<b>Credence Counseling</b>	262-723-3424	Elkhorn	MH, AODA Therapy Age 7 to Adult
<b>Crossroads Counseling</b>	608-755-5260	Janesville	MH, AODA Therapy & Day Programs Age 5 to Adult
<b>Genesis Counseling</b>	608-757-0404	Janesville	MH Age 5 to Adult
<b>Compass Behavioral Health</b>	608-755-1475	Janesville	MH, AODA Therapy Age 12 to Adult
<b>Associates in Psychotherapy</b>	608-752-7255	Janesville	MH, AODA Therapy All Ages
<b>Mercy Options</b>	608-756-5555	Janesville	MH, AODA Therapy All Ages
<b>Mercy Options</b>	608-756-6545	Janesville	IOP, ADT and WINGS All Ages
<b>Rock County Human Services</b>	608-757-5200	Janesville	MH, AODA Therapy, IOP All Ages <i>(accepts Medicaid patients and uninsured)</i>
<b>Walworth County Human Services</b> <i>(must be a Walworth County resident)</i>	262-741-3200	Whitewater	MH, AODA Therapy, Family Therapy, CSP All Ages
<b>Winther Counseling Lab UW- Whitewater</b>	262-472-2842	Whitewater	MH, AODA Therapy Age 5 to Adult <i>(Closed during the Summer, opens 9/1/22)</i>